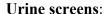


Port Recovery IOP, Inc. 8615 Ridgely's Choice Drive Ste 205 Nottingham MD, 21236 (P) 443-869-4909 (F) 443-869-4928





/24: Results were positive CDA Bup (Suboxone), which is prescribed. No alcohol or drugs of abuse present.

/24: Results were positive CDA Bup (Suboxone), which is prescribed. No alcohol or drugs of abuse present.

/24: Lab Results pending.

Self Help Meetings:

/24: Client attended local NA meeting in-person.

Group Counseling: Participant is in PHP level of treatment and is required to attend 28.5 hours of group per week. These groups are offered Monday – Friday from 9:00 AM-3:15 PM and Saturday 9:00 AM – 11:15 AM. (Mental Health Group Therapy 9:00 AM – 10:00 AM, Enrichment Group Therapy 10:00 AM-12:00 PM, SUD Group Therapy 1:00PM-3:15PM or 6:00PM-8:15PM and Saturday 9:00 AM – 11:15 AM)

/24: Client attended the morning and afternoon in-person groups. Facilitators noted that was engaged and participated in the group discussions.

24: Client attended the morning and afternoon in-person groups. was attentive and engaged. discussed how effectively manage emotions when the while in active addiction. is aware that individuals must have time to heal and will do her part to build upon the relationships.

/24: Client attended the morning and afternoon in-person groups. shared that she has noticed an improvement in her recovery

must continue to

to progress further in recovery.



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/24: Client attended the morning and afternoon in-person groups. was attentive and engaged has been able to manage more effectively to better address the problems and challenges in her life. shared that able to face the problems take the necessary steps to reach the best possible outcome.
/24: Client attended the morning and afternoon in-person groups. Facilitators noted that was engaged and participated in the group discussions.
24: Client attended the morning group via Zoom. Facilitators noted that engaged and participated in the group discussions.
Individual Counseling Sessions: Clients are required to attend at least 1 individual session with their primary counselor per week. At the request of either the client or the counselor, more individual sessions may be conducted.
/24: presented for weekly individual session on time. discussed the boundaries implement with other clients to support recovery. shared that had to emphasize stated that is focused solely recovery and taking the necessary steps to improve
MAT Appointments/Counseling: Client is currently taking Suboxone for MAT. (Suboxone (buprenorphine-naloxone) 8-2 mg, film, Place 1 film SL once a day.) Client attended MAT appointment on 2024. Client's next scheduled MAT appointment is 2024.

Housing Program: Client is finished with the blackout period, and the "buddy system" phase,

and can now attend approved activities unaccompanied as of today.