



Port Recovery IOP, Inc.
8615 Ridgely's Choice Drive Ste 205
Nottingham MD, 21236
(P) 443-869-4909 (F) 443-869-4928

[REDACTED] Treatment Update:
([REDACTED], 2024 – [REDACTED], 2024)

Urine screens:

[REDACTED]/24: Results were positive CDA Bup (Suboxone), which [REDACTED] is prescribed. No alcohol or drugs of abuse present.

[REDACTED]/24: Results were positive CDA Bup (Suboxone), which [REDACTED] is prescribed. No alcohol or drugs of abuse present.

[REDACTED]/24: Lab Results pending.

Self Help Meetings:

[REDACTED]/24: Client attended local NA meeting in-person.

Group Counseling: Participant is in PHP level of treatment and is required to attend 28.5 hours of group per week. These groups are offered Monday – Friday from 9:00 AM-3:15 PM and Saturday 9:00 AM – 11:15 AM. (Mental Health Group Therapy 9:00 AM – 10:00 AM, Enrichment Group Therapy 10:00 AM-12:00 PM, SUD Group Therapy 1:00PM-3:15PM or 6:00PM–8:15PM and Saturday 9:00 AM – 11:15 AM)

[REDACTED]/24: Client attended the morning and afternoon in-person groups. Facilitators noted that [REDACTED] was engaged and participated in the group discussions.

[REDACTED]/24: Client attended the morning and afternoon in-person groups. [REDACTED] was attentive and engaged. [REDACTED] discussed how [REDACTED] effectively manage [REDACTED] emotions when the [REDACTED] while in active addiction. [REDACTED] is aware that individuals must have time to heal and will do her part to build upon the relationships.

[REDACTED]/24: Client attended the morning and afternoon in-person groups. [REDACTED] shared that she has noticed an improvement in her recovery [REDACTED]. Client shared that [REDACTED] must continue to [REDACTED] to progress further in [REDACTED] recovery.



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█/24: Client attended the morning and afternoon in-person groups. █ was attentive and engaged █ has been able to manage █ more effectively to better address the problems and challenges in her life. █ shared that █ able to face the problems █ take the necessary steps to reach the best possible outcome.

█/24: Client attended the morning and afternoon in-person groups. Facilitators noted that █ was engaged and participated in the group discussions.

█/24: Client attended the morning group via Zoom. Facilitators noted that █ was engaged and participated in the group discussions.

Individual Counseling Sessions: Clients are required to attend at least 1 individual session with their primary counselor per week. At the request of either the client or the counselor, more individual sessions may be conducted.

█/24: █ presented for █ weekly individual session on time. █ discussed the boundaries █ implement with other clients to support █ recovery. █ shared that █ had to emphasize █ stated that █ is focused solely █ recovery and taking the necessary steps to improve █

MAT Appointments/Counseling: Client is currently taking Suboxone for MAT. (Suboxone (buprenorphine-naloxone) 8-2 mg, film, Place 1 film SL once a day.) Client attended █ MAT appointment on █, 2024. Client's next scheduled MAT appointment is █, 2024.

Housing Program: Client is finished with the blackout period, and the "buddy system" phase, and can now attend approved activities unaccompanied as of today.